

# OF INTEREST TO WOMEN

The Wife of the Minister of the Spanish American States and Her Children—Paper Favors for the Cotillon.

## A WELL-GROOMED WOMAN.

Mrs. Harriet Hubbard Ayer Illustrates This Familiar Phrase.

How a Woman May Defy Her Years If She Is Willing to Take the Time and Trouble.

When one briefly wishes to epitomize a woman as exquisitely neat, perfectly dressed and correct in all the appointments of a thoroughbred daughter of the nineteenth century, one says of her she is a well-groomed woman. Practically it means that the lady in question is most delicately fastidious in everything pertaining to her toilet and personality. The well-groomed woman would much sooner relinquish her breakfast than her morning plunge, and about as willingly submit to an attack upon her moral character as to a suspicion that her linen was ever other than absolutely immaculate.

The well-groomed girl of twenty is a charmingly fresh and attractive creature, but even a girl a little careless may be an "flaming sight with the loveliness and glamour of youth offsetting ruffled hair or rumpled ribbons."

The most striking example of the reward of personal fastidiousness in this respect is exemplified in the appearance of a society woman of New York, who is fifty years of age and who looks in the strongest glare of a mid-day sun less than thirty-five. I asked this truly marvellously preserved woman the other day how she kept her youth, and she replied: "By constant care, my dear. I do nothing much beside. I arise at 8 o'clock every morning and take a cold plunge; then my maid rubs me briskly with Turkish towels and mittens, and I go back to bed and take my breakfast there. At 10 my massage comes; she first washes my face with hot water and soap, and then rinses with cooler water; then she gives me facial massage. Three times a week I take the full massage session with an electric bath. Immediately after I have my hair dressed for the day. The days I do not take the electric bath my hair comes and looks out for both my hands and feet. About 11 o'clock I dress either for my bicycle or for a turn in the park on my horse or for an hour at the gymnasium. At 1 I eat my second breakfast. From 2 to 3 I rest, then I dress for afternoon visits; at 5:30 I am again in my own apartment, and visible to no one until I am dressed for the evening. During this time I rest, write a few necessary notes; at 7 I dine; after dinner the theatre or opera or any evening function, and the last thing before retiring a hot scrub from head to feet. At this time I take a sort of account of stock. If I find that I am looking baggy I religiously remain in bed the whole of the next day. If I seem to be gaining in flesh I weigh myself on my scales, which are always in my bath room, and I regulate my diet and exercise accordingly. I have kept my weight, with scarcely the variation of an ounce, at 142 pounds for ten years."

"Do you know," I said to her, "that you look younger than you did fifteen years ago?"

"Of course I do," she replied. "Fifteen years ago I weighed nearly two hundred pounds and had three chins. I am younger, because I know how to fight the very demon of old age—increased flesh and increasing indolence and carelessness. Fifteen years ago, my husband was always speaking of some other woman's beautiful figure and trim appearance. At that time I was a dowdy, dumpy-looking creature. All of a sudden I awakened to the fact that I had grown positively unattractive to my husband, whose love was more than life to me. I got a book on physical culture, another on diet, and today Ned tells me I am a thousand times prettier and more attractive than I have ever been, and when I appear in a new evening frock or a tailor-made gown he is as proud of me as ever he was during our honeymoon, and I am as happy as a girl over her first conquest. 'Il faut souffrir pour être belle,' and I have earned my hold on youth by spending hours every day in curling for me, cherishing the charms that slip from a woman's grasp so easily. It has paid me, for it has given me back my lover in the husband whose eyes were wandering away from wife and home."

"How much does it cost you," I asked, "to keep yourself in such perfect and exquisite physical condition?"

"Why," she replied, "I have never estimated. A good deal, of course, but as we can afford it, the cost is of no importance, but were I a poor woman I could and would keep myself young and attractive by just the advice given in the Journal, with scarcely the expenditure of a dollar. It would involve doing personally the services I pay for, but it can be done. Any woman of average intelligence can give herself facial massage; one may get all the gymnastics necessary from a pair of dumbbells or Indian clubs. The diet requires a little looking into and great self-control, but it costs nothing. Any woman may keep her looks and her figure, or get back charms that have apparently fled, if she has persistency and good sense."

HARRIET HUBBARD AYER.

## A FELLOW FEELING.

It is told of Miss Winnie Davis, "the daughter of the Confederacy," that one day, when a very young child, she was taken by her mother to the British Museum. The little girl took a keen interest in all she saw there, and appreciated it with an intelligence beyond her years. All at once Mrs. Davis, whose attention had been absorbed by some work of art, missed her little daughter, and after a hurried search found her before a statue of Calphurnia, whose curled hair and turned-up nose gave her a distinctly modern look. The child was addressing the marble eagerly.

"Come to my arms!" her mother heard her say, "for you are one of our people; you look like us, not like all the rest!"

Mary Brewster Hazelton's "In the Studio" (No. 290) has taken the first Hagerton prize. Louise Cox has received the third prize for her "Pomona" (No. 293).

## SHE TOLD HER SECRET.

A story is told of a certain old lady who died not long ago, and who during her lifetime had under every circumstance managed to maintain an appearance of composure and placidity, and who had been the admiration of all who knew her. When her life was almost over her family physician, who had known her for many years, stood at her bedside one day and said to her:

"Mrs. Brown, I wish you could tell me the secret of your happy disposition." The old lady looked up at him with an attempt at a smile and murmured: "I always had patience with fools."

## A SLIGHT MISUNDERSTANDING.

Madame-Norah, I have just ordered a new supply of expensive Carlsbad, and I hope you will be very careful with it. Norah—I'll do my best, mum; but I ain't had experience in cooking it.

## MME. DE LAZO ARRIAGO AND HER CHILDREN.

One of the interesting mothers of the Legion homes in Washington is Mme. de Lazo Arriago. She is a sunny-tempered woman, with a flowerlike face, lighted by the bluest of Spanish eyes, and framed by masses of black hair. Her skin is clear like the petals of a lily.

When I called upon her she was just taking lunch with her children. She looked so girlish that I said they must be quite young children, and how merrily she did laugh.

"Why," she said, "I have five children living." And then she added sadly, "We have lost three."



She is proud of her four bright boys and her pretty little girl. The baby is only about a year old. Mme. de Lazo is a devoted mother, and though she keeps a French governess for the children, both she and her husband devote some time each day to going over their studies, for they always supervised the studies and lessons. Madame speaks five languages, Italian, Spanish, French, German and English. Her children can converse with her in all these, and she takes great pains with their pronunciation. She admires our system of public school education, and thinks that nothing could be finer. Her

a great deal of time to it," she added with a smile. "You see, my little family takes a great deal of my attention, and fully fills up my time. Society is very merciful to me, and grants me the privilege of being good to my children first."

"Oh, no, I do not care for politics," she replied to my question. "Politics cut no figure with a mother of five children, except that she must rear them to make good citizens of any country. I have no other politics."

"My husband is perfectly able to support all the honors of his official position," she said, "and he needs no assistance from

her of years in New York, where she became a naturalized citizen of that country. "Oh," she said, "it is so beautiful in Central America. It has a beautiful climate; beautiful flowers, beautiful birds and beautiful women. The women there are most artistic in gowning themselves, most of their dresses coming from Paris. Outside of Paris," she added, "I never saw more well-dressed women than in Guatemala, a city of about 90,000 inhabitants. It may be that there is a kind of glamour hanging about Central America which colors Madame's opinion of it. When yet a school girl, her health being very fragile,

she obtained by the customary mashing of the blossoms.

"Papa," provided with perforated compartments which hold the tea leaves and prevent them from floating about in the water are gradually coming to be as much used as drip coffee pots. When the tea is "drawn" the compartment may be lifted out and the tea will not develop that acidity which the long soaking of the leaves gives it. Some progressive women who do not own this sort of teapot tie the tea leaves in a small bag of previously washed white netting, which may be withdrawn from the teapot when the beverage is brewed.

According to most cook books and common practice hash is a fried dish. It is made more palatable when it is boiled or steamed. The cold meat is chopped in the usual way; cubes of raw potatoes are added; a faint flavor of onion or a suggestion of parsley is given by a bit of oil or the other, minced fine. Then enough cold water to cover the ingredients is added, and the whole is put on the stove where it will cook slowly. Hash made in this way is not so dry as the fried hash.

An ingenious woman has discovered that a small pot-pourri jar makes an admirable tea caddy for the 5 o'clock tea table.

An ultra-neat Englishwoman grows some of her salad ingredients in her dining room as follows: In the bottom of a quaint

shaped dish she fits a piece of white flannel. She wets it thoroughly and sews it thickly with mustard, water-cress or curled cress seed. She waters them freely. In a week the mustard and the curled seeds have sprouted, and in a little longer time the water-cress appears. The effect of the growing stuff is decidedly pretty. When it is used as a garnish or as part of a salad it is free from the grime and grime which are so objectionable in earth-grown salad stuffs.

## A FAILURE IN PERSPECTIVE.

The Southern habit of giving family names as Christian names to girls as well as boys is very pretty and quaint, but it sometimes has its disadvantages. There was once a Mr. Rose, so the story runs, who wooed and won a Miss Wilde, and their little daughter bore the picturesque name of Wilde Rose. But when she grew to womanhood, and, having her heart and hand to a youth by the name of Bull, became Wilde Bull, the combination was less pleasing.

We are always complaining our days are few, and acting as though there would be no end of them.

## A JACKET BODICE.

Until the day when the makers of kitchen tables construct them low enough to be accessible to a woman when seated, she should have a high kitchen chair. As much as possible of the kitchen work should be done seated, and this is impossible with the ordinary chair and table. A well-stuffed cushion will elevate a potato peeler or egg beater to the height where she may work at a table, and she should provide herself with that aid to easy labor.

## FOR DOMESTIC WORKERS.

Domestic economists have long preached the value of paper as a heat preserver. They have advised wearing scraps of newspapers in one's shoes on cold days, and other impossible devices. But paper does keep the heat from escaping, from the handle of an iron, for instance. Iron holders made of several thicknesses of paper and covered with more durable material are the ideal ones.

Rather an attractive bit of table decoration may be managed with a very few vases or pansies, some green leaves and a small piece of wire netting. The netting is placed neatly over a glass dish containing water, and the long stems of the violets or pansies are then stuck through the perforations into the water. The effect is rather lighter and more delicate than

## ROOM FOR ONE ONLY.

In an English novel written some years ago reference was made to a pious woman, who "filled up the straight and narrow path so completely as to leave no room in it for anybody else."



ROOM FOR ONE ONLY.

While most of these given are new the stalks of Easter lilies used in forming arches alone pertain to the season. The Directoire sticks (fied with posies and ribbons and the bow and arrow are new. The stick is also for arches, while the maidens sling the bow, as the basket and

## PAPER COTILLON FAVORS FOR EASTER VACATION GAYETIES.

The Easter vacation gayeties are necessarily brief, so there is no time to be lost. The town is full of fresh-faced young girls and smart-looking boys in buttons and braid, bearing curious resemblances to the mature looking people going about with them. Next week this

fun will begin. In anticipation here are some paper favors for the cotillions of the young people. It is good taste to have these slivers, pretty and simple, rather than costly. It is the French that have introduced paper favors and we have been quick to accept their suggestion.



bags, on the arm. The great pink rose hangs from the belt; the butterfly is a hairpin. The harlequin is borne by the girls and there are a couple of curious frilled buttons for the lapsels of the boys. The two most amusing features are the green paper cravats for the youth, and

is some fun in getting them down. Before the dance all these favors are carefully arranged with their numbers and names so that there shall be no confusion. It is a good idea to have large baskets filled with moss in which to hold the favors having a stick such as the para-

cotton to be gay, ingenious and full of resources. The duty of his partner, alas too often neglected, is to see that every one is enjoying the dance, and to recommend specially to the boys the girls who may seem neglected or shy. In none other of her duties does she appear so graceful and pleasing.

## THE RULING SPIRIT.

During Lent the girl had watched the woman devotee with that mixture of admiration and reverence older women are apt to inspire. The daily service had been participated in by both, with few, if any, exceptions. At length came Good Friday, and the girl marked how her divinity was clothed in clinging black robes. There had been an absence of all gay color during the entire six weeks, but this final costume seemed to the girl a complete surrender of vanity, an absolute giving up of the world to mark a penitential spirit so deep as to leave no thought for the lesser things of life. Unconsciously she found her own mind wander and was compelled to wrench her thoughts away from the woman, ideal though she be, into channels of deeper religious thought.

At length the long service came to an end. Silently the girl drew back into her pew. She would wait until her idol came near. To be sure no word must be spoken in the church, but it would be much to walk by her side. The woman approached. The girl slipped out into the aisle. As she did so the woman smiled, then leaned over and whispered: "Come with me to Mass. Black's. I must see my gown. I am in terror that she may not have it for Easter after all."

It is in the woman past middle age that perfect grooming counterbalances years.

## A FANCY IN EPAULETTES.



## A QUESTION OF SIZE.

A lady whose daughter had just lost a young child recently declined an invitation to dinner, giving as an excuse that there had been a "small death" in her family.

"GREATER NEW YORK'S GREATEST STORE."

# Bloomingdale's

3rd Ave 59 & 60th Sts

## OUR FAMOUS SATURDAY SPECIALS

Again Greet You with a Money-Saving Clink.

Misses' 2,000 Sample Reefers, sizes 4 to 14		
Reefers, years, showing the best workmanship and mat rials, are offered as follows:		
1.25 Reefers	.98	5.00 Reefers 3.98
2.00 Reefers	1.49	6.00 Reefers 4.48
2.50 Reefers	1.98	7.50 Reefers 5.98
3.00 Reefers	2.48	8.50 Reefers 6.48
3.75 Reefers	2.98	10.00 Reefers 7.98
4.50 Reefers	3.48	

## Men's Easter Neckwear.

Men's All-Silk Ties, Four-in-hands, Imperials, De Jolivilles, String Ties and Band Bows, light, medium or dark effects; new patterns, new Spring shapes; good value.

.48.

Men's All-Silk Ties, Four-in-hands or Band Bows, light, medium or dark grounds; new Spring styles. .25

Ladies' All-Silk Ties and Four-in-hands, all colors. .25

## Our Complete Shaving Outfit for 98c.

Formerly sold at \$4.65. Our Complete Shaving Outfit!

Only 98c.

Formerly \$4.65.

This complete ailing outfit consists of one genuine Wade & Butcher's ground razor, one genuine Horseshoe Strap, hand or swing; one pure bristle Lather Brush, one Imported Porcelain Shaving Mug, one cake Colgate's Shaving Soap and cake Sharpine. For Saturday only.

Only One Set to Each Customer.

## Floral Thoughts for Easter!

# Plants and Cut Flowers.

**In Easter Plants**  
Our greenhouses show such a wealth of beauty and variety as to astonish and delight everybody. In a scene of floral beauty are represented:  
Easter Lilies, 64c, 79c, 97c.  
Daisies, 43c, 59c, 79c.  
Calla Lilies, 39c.  
Roses, 79c.  
Lilies of the Valley, 98c.  
Hydrangeas, 80c, \$1.29, \$1.69.  
Azaleas, 80c, \$1.29, \$1.69.  
Hyalcinths, 19c.  
Spiraea, 39c.  
Tulips, 59c, 98c, \$1.49.  
Geraniums, 39c.

**Cut Flowers for Easter.**  
Easter Lilies, 1.08 per doz.  
Azaleas, 49c.  
ROSES—Finest Grown.  
The Bride, Bridesmaid and Morgan, \$2.68 per dozen.  
Crimson, Watterville and Whitney, \$1.38 per dozen.  
Perle, Hoste and Nephros, \$1.28 per dozen.  
CARNATIONS—McGowan, Scott, Day-break, Portia, Emma Pierson and Storm King, 48c per dozen.  
SPRING FLOWERS.  
Tulips, 59c, Daffodils, 59c, Daisies, 18c, Mignonette, 48c, Calla Lilies, \$1.38, Roman Hyacinths, 18c per doz, Freesia, 28c, Pansies, 28c per bunch.

Orders for Flowers to be delivered on EASTER MORNING will receive prompt and careful attention.

OPEN TO-NIGHT. BLOOMINGDALE BROS. OPEN TO-NIGHT. BLOOMINGDALE BROS.

## YOU CAN'T SEE X RAYS

but you can see how they are produced and the pictures they make. Each hour from 9 A. M. to 12 M., and from 1 to 4 P. M., we make a "Shadowgraph"—maybe of the bones in your own hand. THE EXHIBITION IS FREE—Crookes tube, Induction Coil and all the Roentgen apparatus.

That is but one feature of the store attractiveness. The goods themselves are far and away more surprisingly winsome. Seasonable stuffs and shapes of every sort are in grand array.

## EASTER MILLINERY

For children as well as grown folks. It's a delight to every woman to see the grand assortment of Hats and Bonnets we are showing. Maybe four times the room we've ever had for Millinery things. And every inch of it crowded with the latest styles. The wonderful part is the prices—newest, handsomest goods, made as if the season were ending instead of just at the start.

One thought—children's and misses' Trimmed Hats, \$3.50 and upward.

## EASTER SWEETS

and Novelties. A roomful. We've a skilled confectioner, who will mark Easter Eggs, etc., as you say.

## SILK UMBRELLAS

Four great lots in New York's favorite Umbrella store. The close rolled Carolla on fine tempered steel rods, choice English hardwood handles, \$1.

26 and 28 in. close rolled Umbrellas, beautiful fancy handles, German silver and horn handles, \$1.50.

An extra lot of taffeta silk Umbrellas, close rolled, well made. Improved frame, \$2.90; might be \$5.

## EASTER RIBBONS

In the brightest, lightest Ribbon store in the country. New things on counters every day. Three special lots for the Easter sale.

Persian Ribbon, warp printed with satin stripes, 4 in. wide, 25c; should be 75c. Black and white striped and all-silk Ribbons, delicate shades; light satin and gros grain Ribbons, all warp printed. Exquisite new patterns, have been 75c. Now 39c yd.

Choice lot finest Persian Ribbons of the season. Most of them being \$1. We say 50c yd. Up to 5 in. wide. Another lot of those rich double black satin Ribbons, pure silk, 25c; were 45c.

## EASTER PARASOLS

Popular styles and prices. Women's all-silk Parasols, white, a beautiful, presentable sun shade. Nothing cheap or trashy about it and yet but \$1.

Women's ruffled Parasols, black, with nice black sticks, look like some \$3 ones, but the price is \$1.

Taffeta silk Parasols, fancy stripes and figures, beautiful quality, \$1.95; the silk alone would cost more than double.

Broadway, 9th & 10th Sts. Fourth Ave. **Hilton Hughes & Co.** Broadway, 9th & 10th Sts. Fourth Ave. Successors to A.T. Stewart & Co.

## Carpet Bargains.

In next Sunday's paper there will be full particulars of our remarkable sale of surplus stock.

## DOBSON'S, 2 East 14th St.

## CROOKED

now, broken, bulging, and all changed to good ones, moderate JOHN H. WOODBURY, 127 W. 42nd

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